Work Place Visit Programme (Sample – 3 weeks)

# Week 1

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 |  | Arrive in Carlow  Settle into accommodation | **Ceatharlach Moorings** |
| Day 2 | 10:00  11:00  12:00  15:00 | Induction  Team Building (with international Erasmus+ students where possible)  Orientation Scavenger Hunt (with international Erasmus+ students where possible)  Free Evening | CIELS  CIELS (Large Hall Downstairs)  Carlow Town |
| Day 3 | 10:00  11:30  15:00 | Team Building (with Irish Secondary students)  Cultural Scavenger Hunt 1 (with Irish Secondary students)  Free Evening | CIELS (Large Hall Downstairs)  Carlow Town |
| Day 4 | 10:00  10:15  11:00  12:00  13:00  15:00 | Meet International Students at Institute of Technology Carlow  Tour of IT Carlow  Culture Presentations by International Students  Break  Integration with International Students  Free Evening | IT Carlow |
| Day 5 | 14:00  15:00  19:30 | Free Morning  Irish Dancing Introductory Presentation  Irish Dancing Class  Traditional Irish Music session & Finger Food – open to the public (optional) | CIELS  Teach Dolmain Bar |
| Day 6 |  | Free Day |  |
| Day 7 |  | Free Day |  |

# Week 2

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 | 10:00  18:00 | Tour 1 – Carlow Regional Heritage Tour/Kilkenny City  Depart  Return |  |
| Day 2 | 10:00  11:30  12:00 | Presentation Preparation  Break  Presentation Preparation  Free evening | CIELS |
| Day 3 | 13:00  14:30 | Erasmus+ Presentations to Italian Students  Integration with Erasmus+ Students | CIELS |
| Day 4 | 10:00  12:00  13:00  15:00 | Carlow County Museum Tour  Break  Workplace Visit Preparation Workshop  Traditional Irish Music Sing Song | Carlow County Museum  CIELS  CIELS |
| Day 5 | 09:30 | Tour 2- Dublin Walking Tour and Dublin Centre City |  |
| Day 6 |  | Free Day |  |
| Day 7 |  | Free Day |  |

# Week 3

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 | 10:00 | Workplace Visit 1  Tourism-Carlow Tourism  Social Care A- Carlow Youth Services  Social Care B-Irish Wheelchair Association  Free Evening  Tour 2- Dublin Walking Tour and Dublin Centre City |  |
| Day 2 | 10:00 | Workplace Visit 2  Tourism-Visual Centre for Contemporary Art and George Bernard Shaw Theatre  Social Care A- Irish Wheelchair Association  Social Care B-Carlow Youth Services  Free Evening |  |
| Day 3 | 10:00 | Workplace Visit 3  Tourism- Carlow Enterprise Board Director  Social Care A- Delta Centre  Social Care B- Carlow Day Care Centre  Free Evening |  |
| Day 4 | 10:00 | Workplace Visit 4  Tourism- Visit to regional heritage tourism destinations  Social Care A- Carlow Day Care Centre  Social Care B- Delta Centre  Free Evening |  |
| Day 5 | 10:00  12:00 | Deliver Presentations to IT Carlow International students  Presentation of Certificates | IT Carlow |
| Day 6 | 10:00 | Depart Carlow |  |