Work Place Visit Programme (Sample – 3 weeks)

# Week 1

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 |  | Arrive in CarlowSettle into accommodation | **Ceatharlach Moorings**  |
| Day 2 | 10:0011:0012:0015:00 | Induction Team Building (with international Erasmus+ students where possible)Orientation Scavenger Hunt (with international Erasmus+ students where possible)Free Evening  | CIELS CIELS (Large Hall Downstairs) Carlow Town  |
| Day 3 | 10:0011:3015:00 | Team Building (with Irish Secondary students)Cultural Scavenger Hunt 1 (with Irish Secondary students)Free Evening | CIELS (Large Hall Downstairs)Carlow Town |
| Day 4 | 10:0010:1511:0012:0013:0015:00 | Meet International Students at Institute of Technology Carlow Tour of IT Carlow Culture Presentations by International Students Break Integration with International Students Free Evening  | IT Carlow  |
| Day 5 | 14:0015:0019:30 | Free Morning Irish Dancing Introductory PresentationIrish Dancing ClassTraditional Irish Music session & Finger Food – open to the public (optional) | CIELSTeach Dolmain Bar |
| Day 6 |  | Free Day |  |
| Day 7 |  | Free Day |  |

# Week 2

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 | 10:0018:00 | Tour 1 – Carlow Regional Heritage Tour/Kilkenny CityDepartReturn |  |
| Day 2 | 10:0011:3012:00 | Presentation Preparation BreakPresentation PreparationFree evening  | CIELS  |
| Day 3 | 13:0014:30 |  Erasmus+ Presentations to Italian Students Integration with Erasmus+ Students | CIELS  |
| Day 4 | 10:0012:0013:0015:00 | Carlow County Museum TourBreak Workplace Visit Preparation Workshop Traditional Irish Music Sing Song  | Carlow County MuseumCIELSCIELS  |
| Day 5 | 09:30 | Tour 2- Dublin Walking Tour and Dublin Centre City |  |
| Day 6 |  | Free Day |  |
| Day 7 |  | Free Day |  |

# Week 3

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| **Day** | **Time** | **Activity** | **Venue** |
| Day 1 | 10:00 | Workplace Visit 1Tourism-Carlow TourismSocial Care A- Carlow Youth ServicesSocial Care B-Irish Wheelchair Association Free Evening Tour 2- Dublin Walking Tour and Dublin Centre City |  |
| Day 2 | 10:00 | Workplace Visit 2Tourism-Visual Centre for Contemporary Art and George Bernard Shaw TheatreSocial Care A- Irish Wheelchair Association Social Care B-Carlow Youth Services Free Evening  |  |
| Day 3 | 10:00 | Workplace Visit 3Tourism- Carlow Enterprise Board Director Social Care A- Delta CentreSocial Care B- Carlow Day Care CentreFree Evening  |  |
| Day 4 | 10:00 | Workplace Visit 4Tourism- Visit to regional heritage tourism destinations Social Care A- Carlow Day Care CentreSocial Care B- Delta Centre Free Evening   |  |
| Day 5 | 10:0012:00 | Deliver Presentations to IT Carlow International students Presentation of Certificates  | IT Carlow  |
| Day 6 | 10:00 | Depart Carlow |  |